

Melissa Brandt

Transitions and Fostering Connections Coordinator
Rochester Public Schools

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“According to Nationwide’s Health of Housing Report, Rochester is the **third worst** for housing affordability **in the nation** among 400 metropolitan statistical areas.”

A closer look...

- Nation's high poverty rate
 - Cost of childcare?
 - What other expenses do you need to live?
 - <http://livingwage.mit.edu/counties/27109>

If we increase the age to 24...

46% of MN homeless 21
and under

52% age 24 and under

Average age of a homeless student is seven
years old.

what percentage of youth experiencing homelessness are enrolled in school?

A. 15

B. 35

C. 55

D. 75

E. 95

ANSWER

E

69% of these students attended on the day
of the survey

University of Minnesota Study

“Of the many academic risk factors that students face, homelessness may be one of the worst...”

Graduation rates for students
experiencing homelessness in MN

42%

Minnesota ranks 50th

Types of poverty

Generational – Two or more generations of poverty

“Life happens to me, and I don’t have any control over it.”



Types of Poverty

Situational Poverty – occurs due to divorce, death, or hospitalization.

“I pulled myself out of poverty. If I did it, anyone can—you just have to make better choices, work harder, and make sacrifices.”



Types of Poverty

Working-Class Poverty

“I have some control over my life, but not very much.”



Types of Poverty

Immigrant Poverty – New immigrants to the United States

“I have the power to make a better life for me and my family.”



What else do children and families living in poverty bring to community...

The drive for reliable relationships

The strengthening of peer socialization

The quest for importance and social status

Actions you can take...

Embody Respect
Embed Social Skills
Be Inclusive

Actions that support students and the community...what you can do right now.

- Give respect first, before it is earned and when it's least deserved
- Share in the decision making
- Invite families of poverty to the conversation
- Avoid Sarcasm
- Embed meet and greet skills, skills that are valued
- Be inclusive "our community"
- We're glad you're here vs you're late
- **Put poverty on the agenda. Plan for it. Accommodate it.**

Acute vs. Chronic Stress

- Acute – Severe stress resulting from exposure to trauma
- Chronic - High stress sustained over time

Children in poverty are more subject to both. The percentage of children exposed to stressors increases as socioeconomic status decreases.

Chronic and Acute Stress are often the result of ACEs.

The Academic Result of Stress, Poverty, and Homelessness

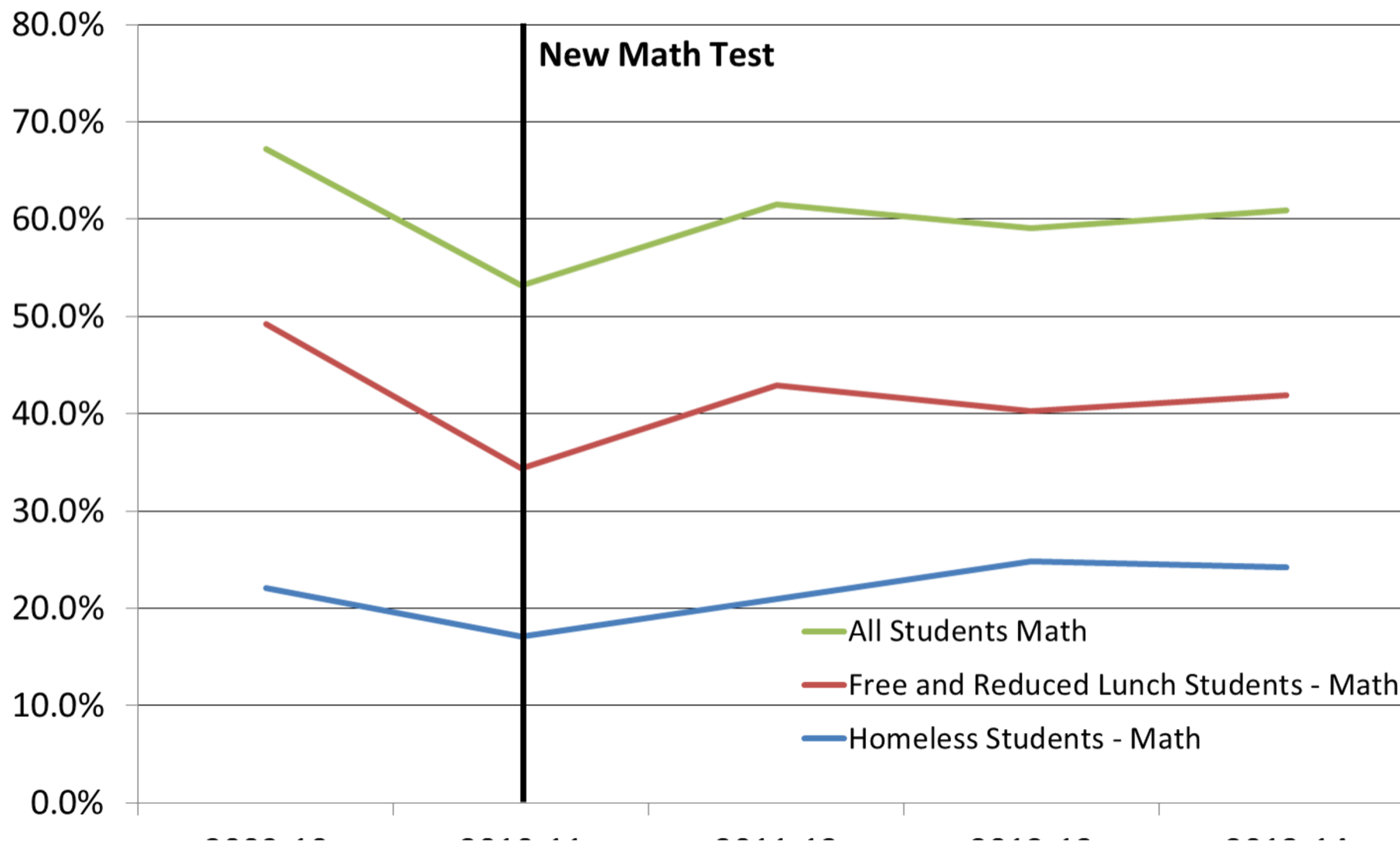
Chronic Stress...

- Is linked to over 50% of all absences
- Impairs attention and concentration
- Reduces cognition, creativity, and memory
- Diminishes social skills and social judgment
- Reduces motivation, determination, and effort
- Increases the likelihood of depression

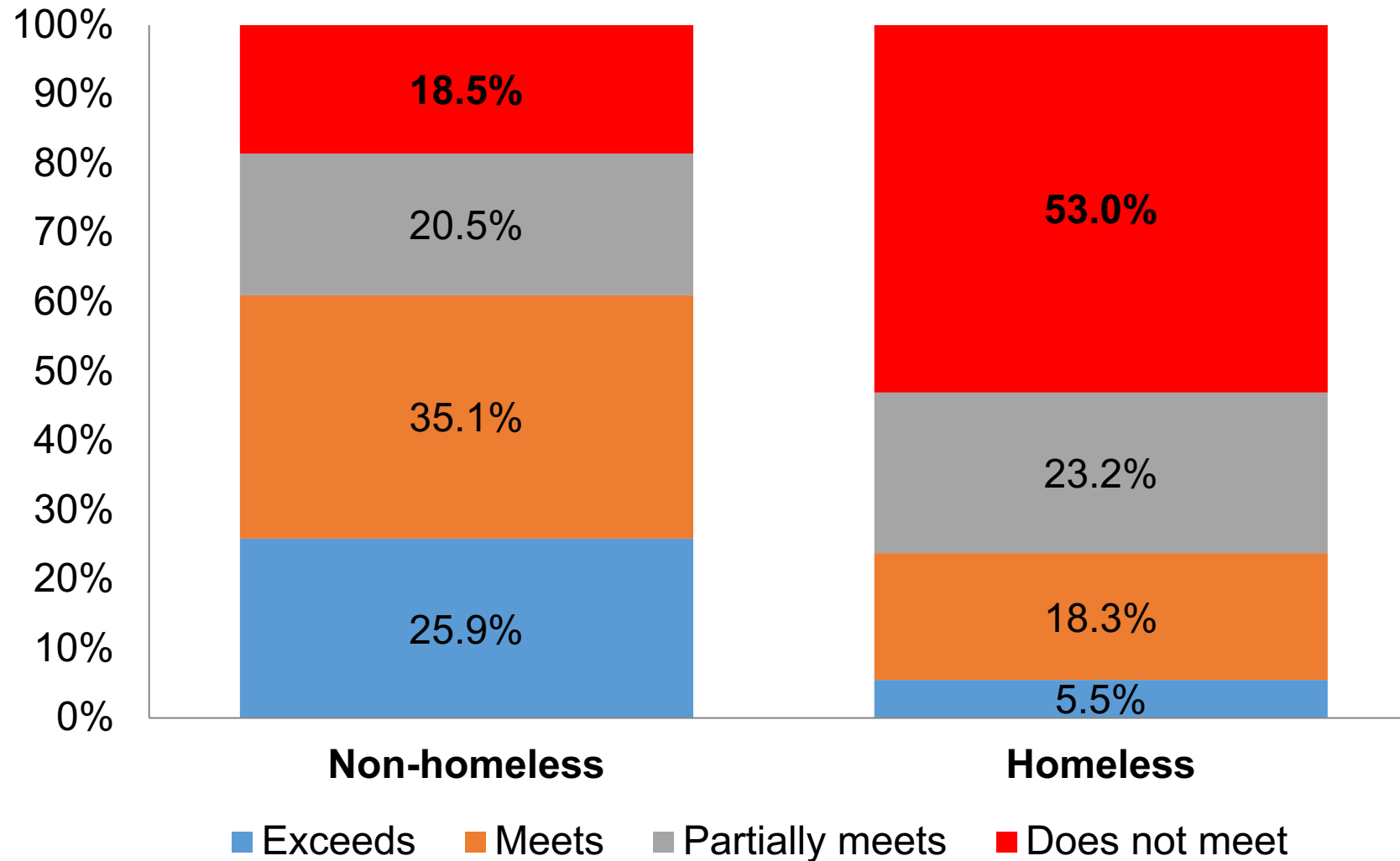
THIS EXAGGERATED RESPONSE TO STRESS IN THE
CLASSROOM SERVES AS A SURVIVAL
MECHANISM IN CONDITIONS OF POVERTY

What happened to you? NOT what's wrong with
you? ACEs

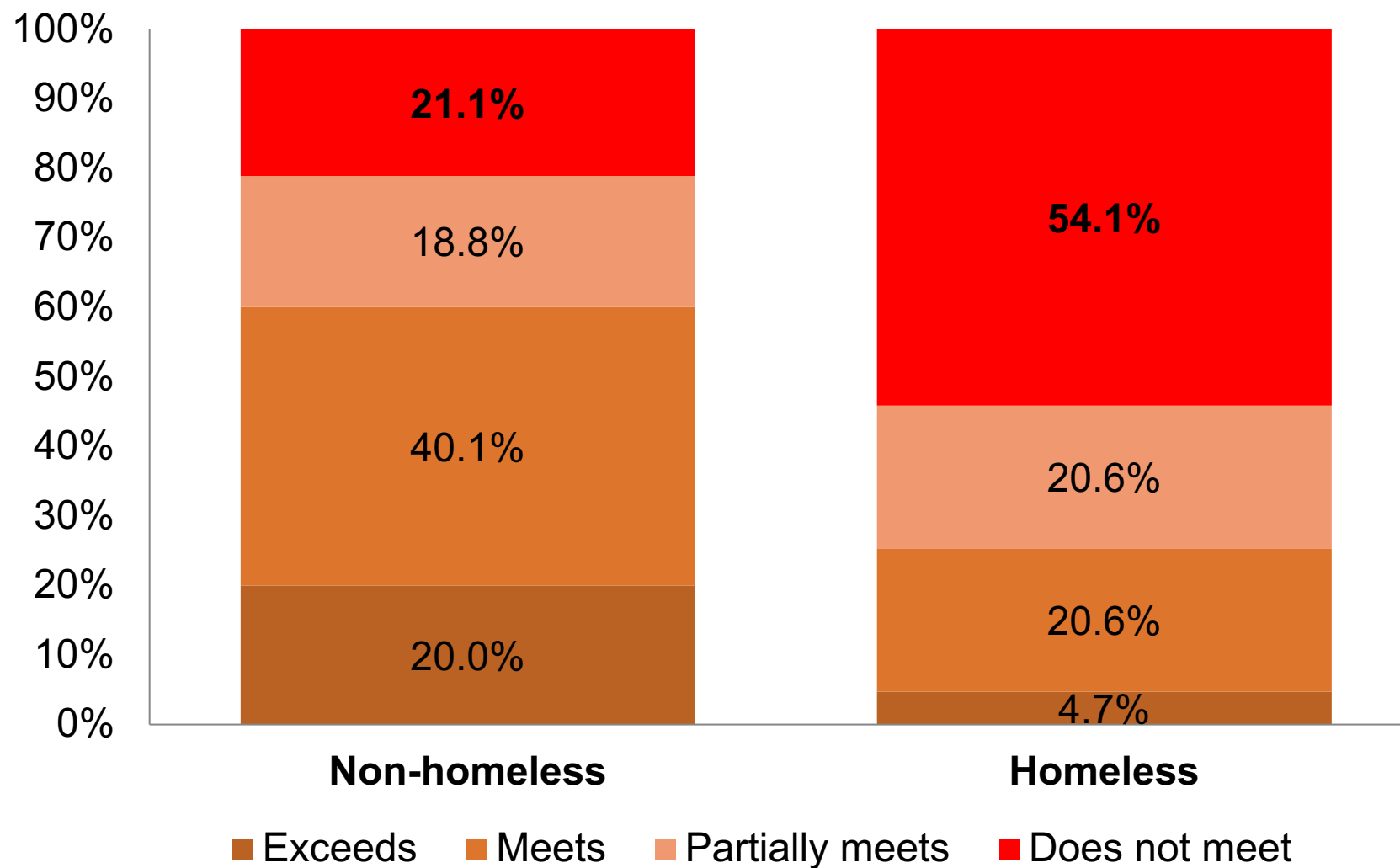
5th Grade Math Proficiency Percentages



Homelessness and Math Proficiency



Homelessness and Reading Proficiency



Homeless Student Attendance

